"Take Up Your Cross," the Savior Said

Charles W. Everest, alt.

DAS LEIDEN DES HERRN, setting by Paul Bouman

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2. Take up your cross; let not its weight pervade your soul with vain alarm; his strength shall bear your cross; let not its weight pervade your soul with vain alarm;
Take up your cross, nor heed the shame, nor let your foolishness

Per-vade your soul with vain alarm; sustain your arm.

Bear your spirit up, sustain your heart, and nerve your arm.

Spir-it up, sustain your heart, and nerve your arm.

His strength shall bear your spirit, sustain your arm.

3. Take up your cross, nor heed the shame, nor let your foolishness

4–“Take Up Your Cross”–420-617
fool - ish heart rebel; for you the Lord endured the
heart rebel; for you the Lord endured the
dered the cross to save your soul from death and hell.
cross to save your soul from death, from death and hell.
cross to save your soul from death and hell.
4. Take up your cross and follow Christ, nor think till death to lay it down; for only those who bear the cross may hope to wear a golden crown.

* Alternate ending

May hope to wear a golden crown.